



JOSEPH'S CORNER

is a not-for-profit support service to families living with alcohol and drug addiction.

NEWSLETTER

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Counselling

3 Birmingham Street
YARRVILLE, 3013
Melway Map 42:A8

HOURS

Tuesday 9am – 5.30pm

38 Guinane Av
HOPPERS CROSSING
Melway Map206 F1

HOURS

Wednesdays 9am-5.30pm

13 Bellin Street
LAVERTON
Melway Map 53 E7

HOURS

Mon, Tues, Wed 9am-3pm

Counsellors: Heather Bunting
Elosie Stermar
Rita Maggio

Supervisor: George Thermos
Administration Debra DiGenova

GOVERNING BODY

Joseph's Corner Incorporated
Sr Jeanne Dwyer

Board of Management

Chair: Chris Torr

A service of the WESTGATE Deanery
that consists of the following parishes:

- +Altona
- +Altona North
- +Hoppers Crossing
- +Hoppers Crossing North
- +Kingsville
- +Laverton
- +Newport/Spotswood
- +Werribee
- +Yarraville
- +Williamstown

It's a bit late to be saying Happy New Year, but I hope the year has begun well for everyone. Perhaps we could blame the heat for the slow start.

Since our last Newsletter a very enthusiastic group has banded together to take on the fundraising aspect of the work. We have found that rising costs and the general running of Joseph's Corner takes more finances as the years go by and more people are requiring the kind of service that we offer.

Sadly five of our very faithful friends and supporters have died in the past few months. These were all people who have supported us in so many ways from the beginning of Joseph's Corner. They will be remembered by each of us here for their generous contribution to the work and for their friendship.

Charles Thermos has joined us here at Joseph's Corner. He will be replacing Nikki Alderman who has begun her own business. We wish Nikki all the best in this new venture. Charles will introduce himself in this Newsletter.

Prayer

People are like stained – glass windows.
They sparkle and shine when the sun is out,
but when the darkness sets in,
their beauty is revealed only
if there is a light within. (Elizabeth Kubler Ross)



FUNDRAISING

As you can see fundraising for Joseph's Corner continues from unexpected groups and organizations. If you read or hear of any funding or assistance subsidies please let Sr Jeanne know so that we can apply.

Our continual appreciation and thanks to Mount St Joseph's Girls College, who print and mail this newsletter, saving us so much.



Thank you for the opportunity to introduce myself.



My name is Charles Thermos and I am the supervising psychologist at Joseph's Corner. I commenced this position in September last year. It is truly satisfying working with Sr Jeanne and our four counsellors (Heather – Rita – Elosie – Laura) to ensure we provide the best possible support to families and friends of people struggling with drug and alcohol use. The issue of drug and alcohol use, overuse and abuse continues to grow, giving rise to a wide range of personal, relationship, family, social, community and cultural challenges.

Joseph's Corner is highly committed to providing supervision and education support to our counsellors who are working with these people. This ensures that our clients are provided with caring, accessible, professional and ethical counselling services and support. I am sincerely grateful for this opportunity.

You might be wondering what supervision is. Supervision is a structured process of professional support, learning and development. In supervision our counsellors present, discuss and understand issues related to their work with clients and to their counselling practice. Facilitated discussions help our counsellors to gain new insights, perspectives, knowledge and skills, and to feel supported in the important work they do. Supervision can take a variety of forms, including individual or group, and both are offered to our counsellors.

An important aspect of supervision is ensuring that each counsellor is met where they are as individuals and in terms of their learnings, experience and development. Having a sense of each counsellor's strengths, vulnerabilities, aspirations, challenges, needs, preferred learning and communication styles enables me to encourage and guide their development in a unique and personal way.

Supervision ensures that our counsellors are able to identify, discuss and make informed decisions about professional and ethical issues competently and confidently. This is reassuring for the clients of Joseph's Corner, knowing they are being taken care of skilfully, ethically and respectfully from the moment they make contact with us. Our counsellors always have clients' best interests in mind, doing all they can to care for them, assisting them with their concerns and challenges, and helping them to lead meaningful and satisfying lives.

Supervising, educating and supporting our committed and engaging counsellors is particularly satisfying and fulfilling to me. Time and time again I am witnessing how enthusiastic each of them is about their client work and ongoing learning and development. The principles of *do good* and *minimise harm* are central to the ethics of our counsellors, the supervision process and relationship, and to all the people we care for and support at Joseph's Corner .

Let's take action on alcohol

Join our campaign - sign our petition

The Queensland Government is currently considering how best to tackle alcohol-fuelled violence.

Action on Alcohol is a campaign that wants to reduce the number of alcohol-related harms and deaths in Queensland.

We would like to see a comprehensive and sophisticated approach to reducing alcohol-related harms.

We need a proactive approach, not just a reactive one, where we tackle the issues before lives are ruined, not after.

In Queensland, too much harm is being caused by alcohol.

In 2012, Queensland hospital emergency departments saw 91,783 alcohol-related presentations – that's an increase of 31 per cent in just five years.

We need to prevent these harms and make our communities safer.



A night out should not end in tragedy.

Let's prevent it.

Only through action, can we make our views heard.

FUNDRAISING

Our first major event is the annual Easter Raffle to be drawn on Wednesday 18 April 2014 at Merrijig.

1st Prize: Meal for two at Flemington Race Course

2nd Prize: Beauty Pack

3rd Prize: Basket of EasterEggs.

Our Web Page address is:
www.josephscorner.org.au

More than an Op-Shop



**Merrijig, The Joseph's Corner Shop
194A Somerville Road, Yarraville**

open

Wednesday

Thursday

Friday

from 10 to 4pm

and

Saturday 10am to 12noon.

VOLUNTEERS are required to support this venture, some tasks are:
-sorting, selling, pricing, cleaning, setting up, picking up donated items
If you have any new or used saleable goods please bring them to Merrijig.

Volunteers are also required at all Joseph's Corner sites,
Yarraville, Hoppers Crossing and Laverton

Tasks include

-phone answering, welcoming clients, providing refreshments, administration and 'odd jobs'

If you would like more information about how you can help

or

if you have any time to spare

Please contact Sr Jeanne Dwyer rsj

on 93152680 or email: contact@josephscorner.org.au

Drop by for coffee and a chat: we would love to see you at Merrijig.